Department of Post Graduate Studies And Research in Food Science St. Aloysius College (Autonomous), Mangalore

A report two days' hands on training workshop, Nurturing Beginnings

A two-day hands-on training workshop titled "Nurturing Beginnings: Lactation Techniques and Infant/Child Feeding Practices" was held on **September 16th and 17th, 2023**, at **Eric Mathias Hall, Maffei Block**. The event was organized by the Department of PGSR in Food Science in collaboration with the Department of Child and Women Development, ICDS.

Key Highlights:

Formal Program:

Presidential Talk: Dr. Alywn D'Sa, Registrar, St. Aloysius College (Autonomous), Mangalore presided over the function

Chief Guest: Ms. Shwetha N, Child Development Project Officer, Mangalore Urban address the gathering

Two-days' workshop:

Resource Person: Mr. Rathan Shekar B., Registered Dietitian, Bangalore, successfully conducted the training, demonstration, and lecture for the two days

Valedictory function:

Dr. Ronald Nazareth, Director, LCRI Block, St. Aloysius College (Autonomous) presided over the function

A total of 180 participants (50 external participants) including undergraduate and postgraduate students, practicing dietitians, nursing students from 6 different educational institutions, including our students of St. Aloysius College (Autonomous) participated.

Positive feedback was received from participating colleges, with encouragement to organize more events like this in the future.

Report prepared by:-

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